

Carbon Reduction Plan

Company name: Bodywise (UK) Ltd

Publication date: 16th September 2024

Commitment to achieving Net Zero

Bodywise (UK) Ltd is committed to achieving Net Zero emissions by 2050.

Baseline Emissions Footprint

Bodywise (UK) Ltd was created to reduce environmental impacts by design, and this has informed much of the business since its inception in 1989. This means creating a baseline year for emissions is challenging. Nevertheless, we are committed to further reducing our impact and greenhouse gas emissions and have used 2020 as measurable start point from which to help strategize further reductions. Baseline emissions are the reference point against which emissions reductions can be measured.

Baseline Year: 2020	
Additional Details relating to the Baseline Emissions calculations.	
In our baseline year, we began by calculating our Scope 1 and Scope 2 emissions, with the goal to reduce these as rapidly as possible before turning our attention to the larger and more complex task of calculating and driving down our Scope 3 emissions in subsequent reporting years.	
Baseline year emissions:	
EMISSIONS	TOTAL (tCO₂e)
Scope 1	4.2 tCO ₂ e
Scope 2	3.9 tCO ₂ e
Scope 3 (Included Sources)	Not measured at this stage
Total Emissions	8.1 tCO ₂ e (Scope 1 + 2). Scope 3 emissions were not measured at this stage.

Current Emissions Reporting

Reporting Year: 2023-24 Financial Year	
EMISSIONS	TOTAL (tCO ₂ e)
Scope 1	0 tCO ₂ e
Scope 2	0 tCO ₂ e
Scope 3 (Included Sources)	<p>40,711 tCO₂e (or 40,711,097.932 kg CO₂e)</p> <p>Water use (45 kg CO₂e), business travel (6,168 kg CO₂e) and remote working (6,639 kg CO₂e).</p> <p>Use, processing and end of life of sold products (all pads and liners), measured as EPD figures for ultra regular pad and number of units sold during reporting period (40,697,796 kg CO₂e). Benchmark figure.</p> <p>We have begun to quantify our Scope 3 emissions in various areas, in advance of a wider and comprehensive review of their entirety. The figures here do not yet include Employee Commuting, Purchased services, Capital Goods, Fuel & Energy or Investments.</p>
Total Emissions	≥ 41,711 tCO ₂ e

Emissions reduction targets

Bodywise (UK) Ltd has reduced Scope 1 and 2 emissions by 100% since our baseline year. This has been completed well ahead of our target year of 2030 for Scope 1 and 2 emissions.

The next step to continue our progress to achieving Net Zero is to fully audit our Scope 3 emissions, with a focus on the most carbon intensive parts of our business, in order to benchmark and identify areas for carbon reduction. At present we are unable to set a target to reduce carbon emissions by a specific amount until we have measured our Scope 3 emissions. This will be the primary goal for our next report.

Carbon Reduction Projects

Completed Carbon Reduction Initiatives

The following environmental management measures and projects have been completed or implemented since the 2020 baseline. The carbon emission reduction achieved by these schemes equate to 8.1 tCO₂e, a 100% reduction against the 2020 baseline (Scope 1 & 2 only) and the measures are and will continue to be in effect.

- Office has PIR LED sensor lighting throughout, eco-flush toilets, is thermostat controlled with double-glazed windows and cavity wall insulation since 2013.
- Critical suppliers (manufacturers of Natracare products) switched to 100% green energy tariffs since 2017. (Scope 3)
- Environmental Product Declaration (EPD) ISO 14025 in 2008, and continuously valid since then. Natracare's Ultra Regular Pad is used as the model to measure lifecycle analysis and is representative of other products we produce, helping to assess core Natracare offering. Current EPD is valid until 2025. (Scope 3)
- Office and warehouse on a 100% renewable energy tariff since 2013. Our baseline year calculates our Scope 2 emissions based on the average carbon intensity of the UK grid. Our energy supplier, however, has power purchase agreements with 100% renewable generators that match the energy they supply. [This is independently audited by SGS](#) and, as such, we now consider their electricity generation to be emission-free.
- Installed four 7.2 kW EV charging points at our office in 2021.
- Solar PV array doubled in size to 40kW in 2021.
- OK Compostable Industrial – Seedling Mark certification for all pads and majority of panty liners to EN 13432 and ASTM D6400 achieved in 2023. Allows products to contribute to the circular economy. This will reduce our EPD CO₂e figure at next audit as products will be able to be composted and not assumed as all sent to landfill. (Scope 3)
- Cycle to Work scheme in 2020 and EV salary sacrifice scheme in 2023 introduced to help reduce emissions from commuting to the office.
- Replaced our gas boiler with an air source heat pump system in 2023. This removed our offices entirely from the gas grid. Since our heating system is powered by a combination of our 100% renewable energy supplier and our own solar generation, this has reduced our Scope 1 emissions to zero.
- Land (truck and rail) and sea freight only, avoiding air shipments where possible. We only transport full container shipments from our critical suppliers. (Scope 3)

Future Carbon Reduction Initiatives

In the future we hope to implement further measures such as:

- Creating a benchmark for our Scope 3 emissions and publishing an annual report of carbon reduction projects throughout the supply chain.
- Installing battery storage at our office to maximise self-consumption of electricity generated from our solar arrays.

Declaration and Sign Off

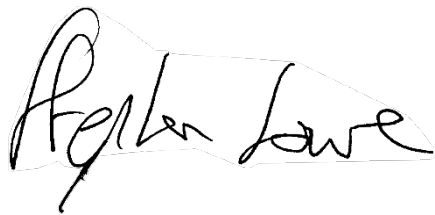
This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance and reporting standard for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard¹ and uses the appropriate Government emission conversion factors for greenhouse gas company reporting².

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard³.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Signed on behalf of Bodywise (UK) Ltd:



Date: 16th September 2024

¹<https://ghgprotocol.org/corporate-standard>

²<https://www.gov.uk/government/collections/government-conversion-factors-for-company-reporting>

³<https://ghgprotocol.org/standards/scope-3-standard>